

RUTH PAT-HORENCZYK, PH.D.

November 2023

Supervising Students

Post-Doctoral Fellows

- 2020- **Dr. Anna Harwood-Gross** (Dec 2020-Nov, 2021)
2020- **Dr. Esther Schek** (Dec 2020-Nov, 2021).
2016-2017 **Dr. Leia Saltzman** (August 2016- July 2017). Azrielli post-doctorate fellow
2016 **Dr. Alana Siegel** (July 2016- December 2016).

Ph.D. Students

- 2019-present **Gabi Bently**. Fear of recurrence and resilience in breast cancer patients, Hebrew University.
2018- present **Rawan Dahabre**. Trajectories of resilience and posttraumatic growth in Arab women coping with breast cancer. Hebrew University.
2016- 2022 **Yaffa Stokar**. End of Life, Posttraumatic growth, Compassion fatigue, Compassion satisfaction, Burnout, Healthcare Professionals. Hebrew University.
2014-2016 **Leia Saltzman**, Boston College, Dissertation (with Prof. Margaret Lombe). The Struggle to Grow: Reaching Constructive Posttraumatic Growth in Military Veterans Following a Group Intervention on Building Resilience.
2014-2016 **Esther Judith Schek** Positive Technologies for Promoting Emotion Regulation Abilities in Adolescents. CESCO-Centre for Studies in Communication Sciences - Department of Human Sciences for Education - University of Milano-Bicocca
2009- 2011 **Miri Bar-Halpern**. Psy.D. Dissertation. (with Drs. Anne Pidano and Julian Ford) Becoming a superhero: the development of a book for children who have been exposed to terrorist attacks. University of Hartford.
2003- 2005 **Meira Demb**, Adelphi University NY, Clinical Psychology, Ph.D. *Resilience in Time of Terror: Individual, Social and Familial Protective Factors in Israeli Adolescents*.

M.A Students

- 2023 **Noa Anikster-Oren**. School of Social Work and Social Welfare. Traumatic giving births
2021- **Esther Benhamou**. Department of Psychology, Hebrew University *Moral Injury*.
2018-2020 **Hanan Jeries Khoury**. Paul Baerwald School of Social work and Social Welfare, Hebrew University. *Compassion, Compassion Fatigue and the journey between them Among Palliative Care Nursing Team*.
2016-2017 **Yael Gumpel**. Paul Baerwald School of Social work and Social Welfare, Hebrew University. *The role of social support and self-efficacy in moderating the impact of traumatic events and use of social media on posttraumatic growth*.
2015-2017 **Sharon Tzuberi**. Paul Baerwald School of Social work and Social Welfare, Hebrew University. *Co-regulation of emotions: The impact of war and trauma on mothers and young children*.
2015-2016 **Rawan Dahabre**. Paul Baerwald School of Social work and Social Welfare, Hebrew University. *Post traumatic Growth in breast cancer patients: Comparisons of the centrality of social support between Arab and Jewish women*.

- 2015-2016 Rachel Morris**, Paul Baerwald School of Social work and Social Welfare, Hebrew University. *Evaluation of PANDA BEAR intervention for building emotion and affect regulation in children.*
- 2015-2016 Moshe Nagdai**, University of Potsdam, Germany, Clinical Psychology, M.A. (with Prof. Dr. Psych. Ulrich Schiefele from the). *Living Trauma: Exploring the effects that ongoing political violence, maternal emotion regulation and maternal post-traumatic distress have on a child's executive functions and sensory modulation abilities over time.*
- 2013-2015 Reut Cohen**, Ruppin Academic Center, Clinical Psychology, M.A. (with Dr. Hava Bar David). *The relationship between the Type of Trauma, Alexitymia level, the level of Post-Traumatic Symptoms and Physical Complaints in children.*
- 2013-2014 Efrat Shmueli**, Hebrew University, Clinical Psychology, M.A. (with Dr. Yifith Yovel). *The relationship between parental and child posttraumatic related distress: Mothers and fathers of young children exposed to terrorism and war.*
- 2013 Miri Barhak**, Hebrew University, Child Clinical Psychology, M.A. (With Dr. Noa Saka). *The Child Behavior Checklist for Ages 1.5–5: Validation in a population-based Israeli-Jewish sample and comparisons to the cultural mean and an Israeli-Arab sample.*
- 2012 Avi Kenan**, Hebrew University, Clinical Psychology, M.A. (with Prof. Eitan Bachar). *An alternative Mosel for identifying children with posttraumatic distress: using protective factors for screening.*
- 2008-2009 Irit Schwartz**, Hebrew University, Clinical Psychology, M.A. (with Dr. Yifith Yovel). *Coping with radiotherapy for breast cancer among patients and their spouses: relationship between dyadic coping, chemotherapy, symptomatic distress, psychological distress and resilience.*
- 2006-2007 Zukerman Itay**, Hebrew University, Clinical Psychology, M.A. (with Dr. Yifith Yovel). *The Association Between the development of emotional distress and posttraumatic disorder in toddlers exposed to terrorism, and parental characteristics.*
- 2005-2006 Simon Yuval**, Tel Aviv Yaffo Academic College, Clinical Psychology, M.A. (with Prof Ronit Avitsur). *Symptoms of posttraumatic distress, functional impairment and resiliency in patients with Inflammatory Bowel Diseases.*
- 2004-2005 Michal Rabinowitz**, Hebrew University, Clinical Psychology, M.A. (with Dr.Joop Meijers). *Social support and self-efficacy as protective factors from posttraumatic distress among adolescents exposed to terrorism.*
- 2004-2005 Alice Bar-Ness**, Hebrew University, Clinical Psychology, M.A. (With Prof. Charlie Greenbaum). *The Association between Posttraumatic following direct exposure to terrorism to coping strategies and self-efficacy.*
- 2004-2005 Sivan Horeish**, Hebrew University, Clinical Psychology, M.A. (with Dr. Eitan Bachar). *The Association between Exposure to Traumatic event and Posttraumatic Distress among parents to behavioral and emotional problems among their children (24-48) month old.*
- 2003-2004 Tomer Miron**, Hebrew University, School of Education, Child Psychology, M.A. (with Dr. Joop Meijers). *The Association between Exposure to Terrorism and Posttraumatic Distress to Risk Behaviors among Adolescents.*
- 2003-2004 Zivit Ben Haim**, Budapest University, Clinical Psychology, M.A. *PTSD and Risk-Taking Behaviors among Adolescents in Continuous Reality of Terrorism.*
- 2002-2003 Ayala Daie**, Bar-Ilan University, Child Psychology, M.A. (with Dr. Eva Gilboa-Schechtman). *Emotional Regulation among Adolescents Suffering from Posttraumatic Distress.*

Recent Research Grants

- 2019- 2023** *Joint research with Utrecht university on Continuous Traumatic Stress (7,500\$ for two years)*
- 2017-2022** *Predicting Resilience in Breast Cancer Patients for Helping Women to BOUNCE Back – BOUNCE. Funded by Horizon 2020 (A collaborative project with Finland, Italy, Portugal, Greece and Israel (A total of 4 million Euro, 515,000 Euro for the Hebrew University). Starting on November 2017.*
- 2020- 2021** University of Alberta HREC Research Grant Competition. Research on: *Moral Injury: A Comparative Study with Offspring of Holodomor and Holocaust Survivors* with Prof Larysa Zasiukina from Eastern European National University, Ukraine. awarded \$3,550 CAD.

Recent Lectures on YouTube:

Van der kolk - Childhood adversity and attachment disruptions: Restoration by establishing synchrony (from 1:30''- 2:00'')

<https://www.youtube.com/watch?v=r6p93kV054Q>

The Psychological Toll of The War in Ukraine

https://www.youtube.com/watch?v=_Jv5Ry_USps

וובינר באוניברסיטה העברית - ילדים בחזית - ילדים והורים תחת אש

<https://www.youtube.com/watch?v=bGcBcLiGjD8>

Articles in Other Media:

Leaving Israel: A Hijacking Victim Tries to Remember

Haaretz English, July 19 2023

<https://www.haaretz.com/israel-news/2023-07-19/ty-article-magazine/.premium/leaving-israel-a-hijacking-victim-tries-to-remember/00000189-5fa5-d481-afbd-5fb739e70000>

Navigating the Landscape of Trauma: How Israelis Are Finding Resilience

The MediaaLine: Trusted Mideast News

Troy O. Fritzhand, 10/26/2023

<https://themedialine.org/life-lines/navigating-the-landscape-of-trauma-how-israelis-are-finding-resilience/>

אומרים שיהיה פה שמח

: התחזית לחברה הישראלית ליום שאחרי המלחמה

אייל מילס 7 בנובמבר דה מרקר

<https://www.themarker.com/magazine/2023-11-07/ty-article-magazine/.premium/0000018b-9f78-db71-a7df-fffdbe3a0000?lts=1700044146598<s=1700044161250>