

Curriculum Vitae
RUTH PAT-HORENCZYK, PH.D.
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Google Scholar Citations: <https://scholar.google.co.il/citations?user=mc3flbEAAAAJ&hl=iw>

Appointments at the Hebrew University

- 2017-** Full Professor, Faculty member at the School of Social Work and Social Welfare, the Hebrew University of Jerusalem, Israel.
- 2015-2017** Associate Professor, Faculty member at the School of Social Work and Social Welfare, the Hebrew University of Jerusalem, Israel.
- 2011-2015** Adjunct Associate Professor, School of Social Work and Social Welfare, the Hebrew University of Jerusalem, Israel
- 2008-2017** Lecturer at Rothberg International School, Hebrew University of Jerusalem (summer course).
- 2007-2011** Adjunct Lecturer, School of Social Work and Social Welfare, the Hebrew University of Jerusalem, Israel
- 1998-2006** Lecturer, Department of Psychology.
- 1992-1995** Teaching Assistant, School of Social Work and Social Welfare, the Hebrew University of Jerusalem, Israel.

Higher Education

- 1995 – 1996** Post-Doctoral Fellowship. Sleep Disorders Clinic, Department of Psychiatry, University of California, San Diego, USA. Host: Prof. Sonia Ancoli-Israel.
- 1992-1995** Ph.D., Department of Psychology, the Hebrew University of Jerusalem. Supervised by Prof. Shlomo Kugelmass.
- 1981-1984** M.A. (magna cum laude), Clinical Psychology, the Hebrew University of Jerusalem. Supervised by Prof. Shlomo Kugelmass.
- 1977-1980** B.A. (magna cum laude) Psychology, the Hebrew University of Jerusalem

Service in Academic and Research institute

- 2022-present** Member of the Executive Committee of the Hebrew University
- 2022-present** Member of the Hebrew university Senate.
- 2022-present** Head of the Research and Computation Committee, School of Social Work and Social Welfare, the Hebrew University of Jerusalem, Israel
- 2015-present** Member, Development Committee, School of Social Work and Social Welfare, the Hebrew University of Jerusalem, Israel
- Mar-Sep 2023** Visiting Professor, Cambridge University, UK (Prof. Larysa Zasiiekina)
- Feb-Mar 2020** Visiting Professor, Middlesex University, London UK (Prof. Antonia Bifulco)
- 2020-2021** Member, Ethical Committee, School of Social Work and Social Welfare, the Hebrew University of Jerusalem, Israel
- 2015-2021** Member, Research and Computation Committee, School of Social Work and Social Welfare, the Hebrew University of Jerusalem, Israel

July 2018	Evaluation and rating of individual researchers for the South African National Research Foundation (NRF).
2017-2018	Invited to join an international research group on <i>Interdisciplinary Perspectives on Unaccompanied Minor Refugees</i> , Schloss Herrenhausen, Hannover, Germany.
2001-2017	Research Director, Child and Adolescent Clinical Services, Meitiv- The Israel Center for the Treatment of Psychotrauma, Herzog Hospital, Jerusalem.
Mar, 2016	Invited examiner for Ph.D. candidates at CESCO - Centre for Studies in Communication Sciences, Department of Human Sciences for Education - University of Milano-Bicocca, Milan, Italy.
2014-2016	Participation in a doctoral committee of Leia Saltzman, Boston College.
2008-2014	Invited member of the Frank Putnam Award Committee. Evaluating the annual Scholar grant Applications on Trauma Research for ISTSS.

Other Research Experience

2016-present	Head of the Research Group on Trauma and Resilience at the School of Social Work and Social Welfare, the Hebrew University of Jerusalem.
2001-2017	Research Director, Child and Adolescent Clinical Services, Metiv- The Israel Center for the Treatment of Psychotrauma, Herzog Hospital, Jerusalem.
1999-2002	Research Director, Eating Disorders Unit, Sheba Medical Center, Ramat-Gan.
1992-1995	Principal Investigator. <i>Withdrawal from long-term usage of hypnotics</i> . Technion Sleep Medicine Center, Tel Aviv.

Clinical Training and Certifications

2021-	Clinical Training in Psychedelics Therapy by MAPS ISRAEL - Multidisciplinary Association for Psychedelic Studies (residential course, September 2021)
2014 -	Supervisor in Clinical Psychology - Psychotherapy (R.N. 27-32248)
2004-	Certified Medical Psychologist (R.N. 2972).
2000 - 2003	Advanced Studies in Psychotherapy. Hidavroot, Israel Institute of Psychoanalysis.
1989 -	Certified Clinical Psychologist (R.N. 27-2357)
1986 -	Registered Psychologist (R.N. 27-2501) Israel Psychological Association (Clinical and Medical Psychology Sections).

Clinical Experience

1991-Present	Clinical Psychologist. Private practice, Jerusalem.
2001- 2017	Director, Child and Adolescent Clinical Services. The Israel Center for the Treatment of Psychotrauma, Herzog Hospital, Jerusalem.
1999- 2002	Clinical Psychologist. Eating Disorder Center, Sheba Medical Center.
1991-1993	Clinical Psychologist. Technion Sleep Medicine Center, Tel-Aviv Clinic.
1991-1993	Clinical Supervisor. Graduate program in Psychology, Hebrew University
1988-1992	Clinical Psychologist. Child and Adolescent outpatient clinic, Hadassah Medical Center, Jerusalem.

Reviewer for peer-reviewed journals (alphabetic order)

Child and Adolescent Mental Health
Child and Youth Care Forum
Children and Youth Services Review
Clinical Psychology Review

Disaster Health
 European Health Psychology Society
 European Journal of Psychotraumatology
 International Journal of Psychology
 Journal of Consulting and Clinical psychology
 Journal of Cross-Cultural Psychology
 Journal of Sleep Research
 Journal of Traumatic Stress
 Psychology and Health
 Psychological Trauma: Theory, Research, Practice and Policy
 Society and Welfare (in Hebrew)

Reviewer of research proposals

Israel Science Foundation (ISF)
 Israel Cancer Society
 ISTSS (International Society for Traumatic Stress Studies)
 Warburg Foundation
 Anita Morawetz Fund
 South African National Research Foundation

Professional Affiliations

Israel Sleep Society
 Israel Association of Psychotherapy
 AED - Academy for Eating Disorders (International)
 SRS - Sleep Research Society (International)
 ISTSS - The International Society for Traumatic Stress Studies
 ESTSS - European Society for Traumatic Stress Studies
 APS - Association for Psychological Science
 SPR- Society for Psychotherapy Research

Awards and Excellence Scholarships

June 2016	Award of the Israel Cancer Society for excellent research in Psycho-Oncology (with the team of social workers at Davidoff Center, Rabin Medical Center.
1995-1996	UCSD Post-Doctoral Fellowship, University of California, San Diego.
1992-1993	The Sam and Hellene Beber Scholarship in Clinical Psychology, The Hebrew University of Jerusalem.
1991-1992	The Martin and Vivian Levine Scholarship for Normal and Psychopathological Development of the Child and Adolescent, The Hebrew University, Jerusalem.
1986-1988	The Fraenkel Scholarship for Clinical Internship, The Hebrew University of Jerusalem.
1984-1986	The Schoenberg Scholarship for Clinical Internship, Hadassah Medical Center, Jerusalem.
1997-1980	Rector's list of excellent students

Research Grants

2020- 2021	School of Social Work, Hebrew University Internal Grant. <i>Research on Moral Injury</i> with Dr. Anna Harwood-Gross, post-doctorate student. (10,000 \$)
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- 2020- 2021** University of Alberta HREC Research Grant Competition. Research on: *Moral Injury: A Comparative Study with Offspring of Holodomor and Holocaust Survivors* with Prof Larysa Zasiekina from Eastern European National University, Ukraine. awarded \$3,550 CAD.
- 2019- 2021** Joint research with Utrecht university on Continuous Traumatic Stress (7,500\$ for two years)
- 2017-2021** *Predicting Resilience in Breast Cancer Patients for Helping Women to BOUNCE Back – BOUNCE*. Funded by Horizon 2020 (A collaborative project with Finland, Italy, Portugal, Greece and Israel (A total of 4 million Euro, 515,000 Euro for the Hebrew University). Starting on November 2017.
- 2017-2018:** *Research Group on Trauma and Resilience: Research on Trauma violence and micro aggression among Jewish and Arab youth*. Funded by the school of Social work, Hebrew University. (10,000 \$).
- 2016-2017** *Research Group on Trauma and Resilience*. Funded by the school of Social work, Hebrew University (50,000 Shekel).
- Nov, 2016** *The Halbert Centre's Israeli-Canadian Faculty Collaboration Grant*. Inviting Michael Ungar from Dalhousie University in Halifax, to participated in a research workshop and a conference on *Shielding youth from radicalization: A pro-social initiative to build resilience* at the Hebrew University (5,000\$ from Halbert Center and 1,000\$ from the Hebrew University).
- 2014-2016** *The role of maternal emotion regulation in protecting children exposed to trauma: a longitudinal study of a representative sample in Israel*. Funded by Herbert Bearman Foundation (94,485\$ for a 2-year period).
- 2014-2015** *Emotion Regulation of Mothers and Young Children under Fire: From Research to Practice*. Funded by Bernard Van Leer Foundation (557,359 NIS - equivalent to 120,000 Euro for 18 months).
- 2012-2015** *Children under fire: A longitudinal study on the impact of recurrent terrorism on children's posttraumatic distress and regulatory functioning*. Anita Morawetz Fund for Research on Children at Risk (45,000\$ for 3 years).
- 2012-2015** *A Longitudinal Study of the Impact of Recurrent Terrorism on Children's Post Traumatic Distress and Regulatory Functioning*. The Israel science Foundation (ISF) (120,000 Israeli Shekel for 3 years)
- 2011- 2012** *Trauma and violence in early childhood: A representative study of Israel*. Funded by the Bernard van Leer Foundation (With Drs. Miriam Schiff, Naomi Baum and Danny Brom; 250,000 Euro).
- 2009- 2013** *Evaluation of Resilience building in schools in Rahat*. A grant for 5 years from the Center for Disease Control (CDC) in Atlanta, US (with Drs. Danny Brom and Naomi Baum; 499,000\$).
- 2009- 2011** *Parents' Space in Sderot*. A three-year project. Funded by Laszlo Tauber Foundation, San Francisco (210,000\$) and UJA Federation of NY (\$70,000)
- 2008- 2009** *A window into Parenthood under Stress: Parents' Place in Sderot*. Funded by the Israel Trauma Coalition (\$35,000). A two-year project funded by the Israel Trauma Coalition (\$ 450,000).
- 2007-2008** *Evaluation of Resilience building in schools in Acco*. A grant from the Center for Disease Control (CDC), Atlanta, US (with Drs. Danny Brom and Naomi Baum; \$ 30,000).
- 2007- 2008** *Rapid assessment of post war distress among Israeli children and adolescents*. A one-year project, funded by the Israel Trauma Coalition (\$20,000).
- 2006- 2008** *School Based Intervention programs for Palestinian and Israeli youth: School Ecological Model*. A project of CHERISH: Child Rehabilitation Initiative for Safety and Hop, JDC- Israel. A two year grant from One-to-One Children's Fund, London, UK.

- 2005- 2007** *Toddlers and Parents under Ongoing Threat of Kassam Missiles in Sderot*. Research grant for 2 years by Picower foundation in New York (\$300,000).
- 2005- 2007** *Childhood Grief*. A grant from the Toronto Jewish Federation (\$10,000).
- 2004-2006** *Risk Taking Behavior in Adolescents Facing Ongoing Terrorism Identification and Prevention*. Research grant from Toronto Jewish Federation. (\$10,000 for one year).
- 2003-2006** *Bi-national development of treatment protocols for traumatized children*. Research grant from the UJA Federation of New York. (\$150,000 for 3 years).
- 2003-2006** *Screening for PTSD in adolescents exposed to ongoing terror*. Research grant from the UJA – Federation of New York (\$140,000 for 3 years)
- 2002 -2003** *Mapping of child trauma services in Israel*. Research grant from the UJA Federation of New York. (\$10,000 for one year).

Other Activities

A. Organized the following conferences:

- Sep 2019** *Cross Cultural Perspective on Resilience in Breast Cancer: Second Dissemination Event of BOUNCE*. Hebrew University of Jerusalem. Invited speakers from Finland, Greece, Italy and Portugal. Funded by Horizon 2020 grant.
- Nov 2016** *Youth from Radicalization: A Pro-Social Initiative to Build Resilience Sunday*, (Hebrew University of Jerusalem). Invited speakers from Canada, Germany, UK, Holland and Italy Attendance: 70 people. Funded by Halbert Centre for Canadian Studies with the Hebrew University support.
- July 2013** *The Fourth International Conferences on the Treatment of Traumatized Children: Helping Children Cope with Trauma* (Hebrew University of Jerusalem). Invited speakers from Holland Mexico and the US. Attendance: 240 people. Funded by the Bernard van Leer Foundation.
- June 2009** *The Third International Conferences on the Treatment of Traumatized Children: Trauma in Early Childhood* (Hebrew University). Invited plenaries from the US. Attendance: 350 people. Funded by the San Francisco Jewish Family Services and the Bernard van Leer Foundation.
- May 2004** *The Second Bi- National Conferences on the Treatment of Traumatized Children and Adolescents: Dialogues on Children and Trauma* (Maale Hachamisha). Invited speakers from the US. Attendance: more than 400 people. Funded by UJA Federation of NY.
- June 2002** *The First Bi-National Conferences on the Treatment of Traumatized Children and Adolescents* (Schneider Hospital, Petach Tikva). Invited speakers from the US. Attendance: 350 people. Funded by UJA Federation of NY.

B. International post disaster teaching, training and consultations:

- April 2017** *Jerusalem:* Healing from trauma. Training for Musalaha professionals. YMCA Jerusalem, (2 days training about 40 people)
- July 2016** *Seoul, South Korea:* Lectures on trauma resilience and posttraumatic growth at the Onmaum Trauma Center in Ansan city (about 100 mental health professionals) and in Korea Counselor Institute in Bundang (about 30 professionals).
- March, 2012** *Singapore:* Training on BEAR – Building Emotional and Affect Regulation for professionals working at Children’s Home (4 days) and Research Consultation for psychologist (one day) at The Ministry of Community Youth and Sport (MCYS), Singapore.

Feb, 2011	Colorado Springs: Lectures for military professionals. Moving Beyond Trauma: Building Resilience. (2 days).
July, 2010	Singapore: Lectures and consultations in the Ministry of Community Youth and Sport (MCYS) and in Changi Hospital.
June, 2010	Port au Prince, Haiti: Training mental health professionals and school personnel, in collaboration with Le Centre de Psycho-Trauma d'Haïti and Le Fonds de Parrainage National (2 days).
March, 2009	New Orléans : <i>Treating traumatized children : Risk, resilience and recovery.</i> Best Practices in Disaster Mental Health. Tulane University, LA. (2 days).
Jan., 2007	Mexico City: Training mental health professionals in Mexico City, in collaboration with Hebraica University and the UNAM, Mexico. (5 days).
Sept., 2006	Biloxi, Mississippi: Training School Personnel in school based interventions after Hurricane Katrina. (2 days).
Feb., 2006	Kalutata, Sri Lanka: Training Mental Health Development and Psychological Care personal, Collaboration between Sahanaya and The Israel Trauma Coalition. (5 days).
May, 2005	Colombo, Sri Lanka: Training Child Mental Health Professionals in Post Tsunami area, Sumithrayo Mental Health Center. (4 days)

C. Community and Community Projects:

Clinical and community projects:

2020-present	CHAOS Through the Lens of Arts. An interdisciplinary art exhibition on trauma and resilience aimed to use and to discuss the arts as a resource for resilience. The project allows a diverse way of working and a diverse artistic perspective in order to enter a dialogue.
Dec, 2019	Late Parenting: A necessity for growth. A public lecture as part of a program at the Jerusalem Cinematheque. Age of wisdom: The new third age.
2007- present	<i>Peace of Mind (POM):</i> An intervention program for released combat soldiers. Israel Center for the Treatment of Psychotrauma (http://traumaweb.org/blog/service/host-pom/).
2011-2015	<i>Shachar</i> - Conducting group sessions for "Building Resilience for Cancer Survivors". (http://www.4life.org.il/).
2011 - 2012	" <i>Challenging Relationships</i> "- A program at the Jerusalem Cinematheque. Discussing aspects related to resilience and posttraumatic growth through movies.
2010 - 2011	" <i>Cinema-trauma</i> " - A program at the Jerusalem Cinematheque. Discussing aspects related to trauma and resilience through movies.

Teaching of Academic Courses

Graduate level at the School of Social Work and Social Welfare, Hebrew University:

2017-present	<i>Trauma Resilience and coping</i>
2015-present	<i>Clinical Practicum I: Introduction to CBT interventions and Trauma treatment</i>
2015-2022	<i>Infant Mental Health</i>
2014-present	<i>Clinical Practicum: Children and Parents Cope with Trauma</i>
2015-2017	<i>Models of intervention in early childhood: Evidenced based programs</i>
2012-2015	<i>Trauma in Children and Adolescents</i>
2012-2015	<i>Resilience and Post Traumatic Growth</i>
2007- 2009	<i>Trauma of Children and Adolescents</i>

Other courses:

2008-present	<i>Trauma and Resilience: Theory and practice from the Israeli Experience.</i> Rothberg International School, Hebrew University of Jerusalem (summer course)
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2002-2006	<i>Coping with Trauma.</i> Department of Psychology, Hebrew University (M.A)
2000-2003	<i>Eating Disorders.</i> Department of Psychology, Hebrew University (B.A)
1998-2002	<i>Sleep and Dreaming.</i> Department of Psychology, Hebrew University (B.A)
1998-1999	<i>Introduction to Psychology.</i> Teachers' Federation and The Hebrew University (B.A)

Supervising Students

Post-Doctoral Fellows

2020-	Dr. Anna Harwood-Gross (Dec 2020-Nov, 2021)
2020-	Dr. Esther Schek (Dec 2020-Nov, 2021).
2016-2017	Dr. Leia Saltzman (August 2016- July 2017). Azrielli post-doctorate fellow
2016	Dr. Alana Siegel (July 2016- December 2016).

Ph.D. Students

2019-present	Gabi Bently. Fear of recurrence and resilience in breast cancer patients, Hebrew University.
2018- present	Rawan Dahabre. Trajectories of resilience and posttraumatic growth in Arab women coping with breast cancer. Hebrew University.
2016- 2022	Yaffa Stokar. End of Life, Posttraumatic growth, Compassion fatigue, Compassion satisfaction, Burnout, Healthcare Professionals. Hebrew University.
2014-2016	Leia Saltzman, Boston College, Dissertation (with Prof. Margaret Lombe). The Struggle to Grow: Reaching Constructive Posttraumatic Growth in Military Veterans Following a Group Intervention on Building Resilience.
2014-2016	Esther Judith Schek Positive Technologies for Promoting Emotion Regulation Abilities in Adolescents. CESCO-Centre for Studies in Communication Sciences - Department of Human Sciences for Education - University of Milano-Bicocca
2009- 2011	Miri Bar-Halpern. Psy.D. Dissertation. (with Drs. Anne Pidano and Julian Ford) Becoming a superhero: the development of a book for children who have been exposed to terrorist attacks. University of Hartford.
2003- 2005	Meira Demb, Adelphi University NY, Clinical Psychology, Ph.D. <i>Resilience in Time of Terror: Individual, Social and Familial Protective Factors in Israeli Adolescents.</i>

M.A Students

2018-2020	Hanan Jeries Khoury. Paul Baerwald School of Social work and Social Welfare, Hebrew University. <i>Compassion, Compassion Fatigue and the journey between them Among Palliative Care Nursing Team.</i>
2016-2017	Yael Gumpel. Paul Baerwald School of Social work and Social Welfare, Hebrew University. <i>The role of social support and self-efficacy in moderating the impact of traumatic events and use of social media on posttraumatic growth.</i>
2015-2017	Sharon Tzuberi. Paul Baerwald School of Social work and Social Welfare, Hebrew University. <i>Co-regulation of emotions: The impact of war and trauma on mothers and young children.</i>
2015-2016	Rawan Dahabre. Paul Baerwald School of Social work and Social Welfare, Hebrew University. <i>Post traumatic Growth in breast cancer patients: Comparisons of the centrality of social support between Arab and Jewish women.</i>
2015-2016	Rachel Morris. Paul Baerwald School of Social work and Social Welfare, Hebrew University. <i>Evaluation of PANDA BEAR intervention for building emotion and affect regulation in children.</i>
2015-2016	Moshe Nagdai, University of Potsdam, Germany, Clinical Psychology, M.A. (with Prof. Dr. Psych. Ulrich Schiefele from the). <i>Living Trauma: Exploring the effects that ongoing political violence, maternal emotion regulation and maternal post-traumatic</i>

distress have on a child's executive functions and sensory modulation abilities over time.

- 2013-2015** **Reut Cohen**, Ruppin Academic Center, Clinical Psychology, M.A. (with Dr. Hava Bar David). *The relationship between the Type of Trauma, Alexitymia level, the level of Post-Traumatic Symptoms and Physical Complaints in children.*
- 2013-2014** **Efrat Shmueli**, Hebrew University, Clinical Psychology, M.A. (with Dr. Yifith Yovel). *The relationship between parental and child posttraumatic related distress: Mothers and fathers of young children exposed to terrorism and war.*
- 2013** **Miri Barhak**, Hebrew University, Child Clinical Psychology, M.A. (With Dr. Noa Saka). *The Child Behavior Checklist for Ages 1.5–5: Validation in a population-based Israeli-Jewish sample and comparisons to the cultural mean and an Israeli-Arab sample.*
- 2012** **Avi Kenan**, Hebrew University, Clinical Psychology, M.A. (with Prof. Eitan Bachar). *An alternative Mosel for identifying children with posttraumatic distress: using protective factors for screening.*
- 2008-2009** **Irit Schwartz**, Hebrew University, Clinical Psychology, M.A. (with Dr. Yifith Yovel). *Coping with radiotherapy for breast cancer among patients and their spouses: relationship between dyadic coping, chemotherapy, symptomatic distress, psychological distress and resilience.*
- 2006-2007** **Zukerman Itay**, Hebrew University, Clinical Psychology, M.A. (with Dr. Yifith Yovel). *The Association Between the development of emotional distress and posttraumatic disorder in toddlers exposed to terrorism, and parental characteristics.*
- 2005-2006** **Simon Yuval**, Tel Aviv Yaffo Academic College, Clinical Psychology, M.A. (with Prof Ronit Avitsur). *Symptoms of posttraumatic distress, functional impairment and resiliency in patients with Inflammatory Bowel Diseases.*
- 2004-2005** **Michal Rabinowitz**, Hebrew University, Clinical Psychology, M.A. (with Dr. Joop Meijers). *Social support and self-efficacy as protective factors from posttraumatic distress among adolescents exposed to terrorism.*
- 2004-2005** **Alice Bar-Ness**, Hebrew University, Clinical Psychology, M.A. (With Prof. Charlie Greenbaum). *The Association between Posttraumatic following direct exposure to terrorism to coping strategies and self-efficacy.*
- 2004-2005** **Sivan Horesh**, Hebrew University, Clinical Psychology, M.A. (with Dr. Eitan Bachar). *The Association between Exposure to Traumatic event and Posttraumatic Distress among parents to behavioral and emotional problems among their children (24-48) month old.*
- 2003-2004** **Tomer Miron**, Hebrew University, School of Education, Child Psychology, M.A. (with Dr. Joop Meijers). *The Association between Exposure to Terrorism and Posttraumatic Distress to Risk Behaviors among Adolescents.*
- 2003-2004** **Zivit Ben Haim**, Budapest University, Clinical Psychology, M.A. *PTSD and Risk-Taking Behaviors among Adolescents in Continuous Reality of Terrorism.*
- 2002-2003** **Ayala Daie**, Bar-Ilan University, Child Psychology, M.A. (with Dr. Eva Gilboa-Schechtman). *Emotional Regulation among Adolescents Suffering from Posttraumatic Distress.*